



NEWSLETTER

of the Nutana Community Association

Winter 2021

2021/2022 NCA Board

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FEATURES

Winter Programming.....6,7

Local Action for a Global Cause.....8,9

Trivia Nights for New Outdoor Winter Programming10

nutana.ca



President's Newsletter Greeting

By Jasmin Parker, NCA President

Good Day Neighbours,

It seems as though overnight winter is upon us. The snow and ice are here, I once again have neglected my tires until the last minute, and the roar of a crowd celebrating some world class curling being played right here in Saskatoon can be heard coming from the television. It is time for the comfy pants and steeped teas. I'm looking forward to seeing everyone out enjoying our community rinks once again, and I hope everyone is getting set for Winterruption this January. I know so many of the events I look forward to each winter depend on hours of volunteer work, so please when you are out enjoying yourselves and the opportunities their efforts support, be patient and kind and thankful.

Thankfully it's also time for another season of terrific programming brought to us by our ridiculously hard working indoor programmers. Registration opens up soon so please take a look at the low cost, high quality programs they put on. Once again some will be online, some will be in person, so there's a little bit of something for everyone. Check out what other community associations are offering in programming while you're at it, there are talented instructors all over our wonderful city.

A new "program" offered this winter will be a series of trivia nights. They will be family friendly, virtual events held to help fundraise for our outdoor programming efforts. Come for one, come for all, whatever works for you. You can register online as you would for any other program. I have been assured there will be at least one round of Disney topics each night. As a millennial this is my time to shine. Our lovely host promises to be creative and fun and charming, so we hope you come out for a game or two.

Until next time.

Jasmin Parker
President, NCA

Keep up to date on the community. **The public is always welcome to attend our monthly NCA meetings. They take place on the first Wednesday of each month.**

Our upcoming meetings are:
January 5 2022 Time: 7:00 p.m.
February 2 2022
March 2 2022

Meetings are held by Zoom.

E-mail secretary@nutana.ca to receive a Zoom link to attend.



Saskatoon hosts Mens/Womens Curling Trials to determine who will represent Canada at Beijing Olympics

Great to Have Events Again



Thank you to the Broadway Business Improvement District for organizing the Broadway Street Fair in September. Various forms of local artistry, culture, business, and cuisine once again lined Broadway and was enjoyed by the community.



Tell us about what is remarkably neighbourly happening around you. Send us your Nutana Notable Neighbour nomination to acknowledge someone's efforts, big or small, that contributes to the already outstanding community that is Nutana!

Include in your nomination these things:

- Nominator's Name and Email Address
- Nominee's Name and contact information (e-mail is best)
- Reason for Nomination (1-5 sentences)

Send your nomination to:

201 – 327 11th Street East, Saskatoon, SK S7N 0E5
or by e-mail to: volunteer@nutana.ca

**Nutana
Notable
Neighbour**



Nominations received throughout the year are acknowledged at our Annual General Meeting with a small gift of appreciation given to the recipient.

Thank you Nutana for celebrating your Neighbours

City Council Update

By Cynthia Block, Ward 6 Councillor

I hope everyone is staying warm, safe and finding ways to connect with friends and family. It has been a busy year at City Hall.

Saskatoon just completed another huge construction season with the largest-ever investment in sidewalks and our Building Better Roads program is yielding significant improvements in our ward. As roads are now fully funded to “best practice” standards, all streets will catch up to a 20-year rehabilitation cycle instead of the previous 80-year cycle.

2021 Ward 6 Highlights:

- The dry storm pond at W.W. Ashley District Park is substantially complete. Designed to catch overflow water, it will also serve as a sports field and park space. It is the first project under the City’s Flood Control Strategy to reduce flooding in Saskatoon’s most flood-prone areas.
- 11 lane-km of planned road rehabilitation work was completed
- 6.3 km of sidewalk work addressed (including infill sidewalk on Cumberland)
- 73 lead line connections replaced (The City is on track to complete all lead line replacements by 2026.)
- 1.9 km of water main preservation/replacement

*Note: Two significant Nutana projects are deferred to next year.

Saskatoon now has an official emergency response plan for large snowfall events, following last winter’s epic storm. Also, Council passed the City’s first drainage bylaw, which will help protect existing properties in infill neighbourhoods.

For more information on what’s happening at City Hall, including our Low Emission Community Plan and Residential Parking Permit expansion, go to: www.cynthiablockward6.com. You can also sign up for monthly updates direct to your inbox, including information for the next Coffee with Your Councillor.

I want to send a huge shout out to your community association. These volunteers are working hard to make your neighbourhood better. Thank you! And thanks to all of you for the opportunity to serve.

I love our majestic ward 6 neighbourhoods and will continue to do my best to represent.

Happy New Year Everyone!

Stay safe out there,
Cynthia



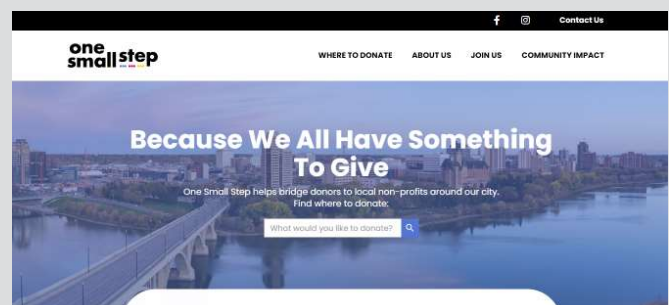
For timely information from City Hall, please sign up for my e-updates: www.cynthiablockward6.com

Email: cynthia.block@saskatoon.ca
Phone: 306-975-3676
Facebook & Instagram: cynthiablockward6.com

One Small Step - A Great Tool for Donations

Have an item that you would like to see not go to waste, but don’t know where to take it? One Small Step facilitates the donation process, providing you with the real-time needs and work of non-profits in Saskatoon.

www.onesmallstepsk.ca



Winterruption is Back!

A stylized poster for 'Winterruption'. The background is split into a blue upper half with a palm leaf pattern and a red lower half with a halftone dot pattern. The word 'WINTER' is in large red letters with a white outline, and 'RUPTION' is in the same style below it. A black rectangular box in the center contains the dates 'JAN 26-30' in blue. To the left of this box is a red stamp that says 'YXE 2022'. In the top right corner, a black stamp with wavy lines says 'INTERRUPT YOUR WINTER'. On the right side, there is a white snowman illustration with a clock face for a head, holding a glass of red wine with a straw. A small pineapple is at the bottom right.

**WINTER
RUPTION**

JAN 26-30

YXE 2022

More Details to follow through the Broadway Theatre or through the NCA Facebook page. Stay tuned for a full list of entertainment and activities.



Winter Programming

The NCA is pleased to offer a wide range of indoor programming for the winter, with classes offered via Zoom or in-person. **Online program registration runs Dec 20-Jan 10, 2022 at www.nutana.ca.** Each program runs for 10 classes; dates have been adjusted for known school closures *[in brackets]* although this is subject to further change. Please consult the NCA newsletter, Facebook page, or www.nutana.ca, or email programming@nutana.ca, for the latest info. **ALL PROGRAM DATES/TIMES ARE SUBJECT TO CHANGE.**

A non-refundable annual membership fee of \$10/individual or family is required to participate in any program and can be purchased as part of the registration process. NCA honours all other Community Association memberships. In an effort to ensure everyone who wants to participate in a program can, cost-as-a-barrier assistance and/or KidSport applications are available for those facing financial hardships. To inquire/apply, please contact Indoor Programming Coordinator at programming@nutana.ca. All inquiries are kept confidential.

Program Name (Adult)	Age	Location	Time	Day	Date Start-End <i>[no class]</i>	Fee	Instructor Name
Yoga For Runners & Others	16+	ZOOM	06:15-07:15 PM	Mon	Jan 17-Mar 28 <i>[Feb 21]</i>	\$60	Leah Brannen
Zumba	16+	ZOOM	07:00-08:00 PM	Mon	Jan 17-Mar 28 <i>[Feb 21]</i>	\$45	Wendy Roy
Muscle Sculpt	16+	ZOOM	10:00-11:00 AM	Tues	Jan 18-Mar 29 <i>[Feb 22]</i>	\$50	Leah Brannen
TaiChi	16+	ZOOM	02:00-03:30 PM	Tues	Jan 18-Mar 29 <i>[Feb 22]</i>	\$80	Steven Wang
Yoga Fit	16+	ZOOM	06:15-07:15 PM	Tues	Jan 18-Mar 29 <i>[Feb 22]</i>	\$60	Leah Brannen
Yoga with Meditation	16+	Victoria School Auditorium	07:15-08:15 PM	Tues	Jan 18-Mar 29 <i>[Feb 22]</i>	\$50	Amanda Plante
Volleyball	16+	Hugh Cairns V.C. School Gym	07:30-09:00 PM	Tues	Jan 18-Mar 29 <i>[Feb 22]</i>	\$30	Jolene Zidkovich
Gentle Yoga	18+	Grace-Westminster Church	02:00-03:00 PM	Wed	Jan 19-Mar 30 <i>[Feb 23]</i>	\$60	Kathleen Brannen
Yoga for Sleep/Yin Yoga	16+	Victoria School Auditorium	07:30-08:30 PM	Wed	Jan 19-Mar 30 <i>[Feb 23]</i>	\$50	Kathleen Brannen
Muscle Sculpt	16+	ZOOM	10:00-11:00 AM	Thur	Jan 20-Mar 31 <i>[Feb 24]</i>	\$50	Leah Brannen
Yoga For Runners & Others	16+	Victoria School Auditorium	06:15-07:15 PM	Thur	Jan 20-Apr 07 <i>[Feb 24, Mar 24]</i>	\$60	Amanda Plante
Yoga Multi-level	16+	Victoria School Auditorium	07:30-08:30 PM	Thur	Jan 20-Apr 07 <i>[Feb 24, Mar 24]</i>	\$50	Amanda Plante
Badminton	16+	Victoria School Gym	08:30-10:00 PM	Thur	Jan 20-Apr 07 <i>[Feb 24, Mar 24]</i>	\$30	Stan McGaffin
Guitar	16+	ZOOM	07:00-09:00 PM	Sat	Jan 22-Apr 02 <i>[Feb 26]</i>	\$50	Perry Boyko
Program Name (Kids/Parents)	Age	Location	Time	Day	Date Start-End <i>[No Class]</i>	Fee	Instructor Name
Yoga Dance for Kids	6-10 yrs	Victoria School Auditorium	06:15-07:00PM	Tues	Jan 18-Mar 29 <i>[Feb 22]</i>	\$30	Amanda Plante
Recreational Soccer	3-4 yrs	Victoria School Gym	06:00-06:45 PM	Thur	Jan 20-Apr 07 <i>[Feb 24, Mar 24]</i>	\$30	John Roja
Recreational Soccer	5-7 yrs	Victoria School Gym	07:00-07:45 PM	Thur	Jan 20-Apr 07 <i>[Feb 24, Mar 24]</i>	\$30	John Roja
Youth Basketball	6-7 yrs	Victoria School Gym	03:40-04:40 PM	Thur	Nov 18-Mar 31 <i>[Dec 23 & 30, Feb 24, Mar 24]</i>	\$30	Joel Bernbaum

Muscle Sculpt

Tuesdays or Thursdays 10:00-11:00 AM

With a great variety of exercises aimed at targeted muscle groups each week, Leah will have you working hard to build full-body strength.

Participant Testimonial: *"As a stay at home parent, I am so pleased I joined this program! My 3 year old can play and snack alongside me, or try to join in, while I get a great workout. I was most impressed by the variety - each week was different than the last. Choosing your own weights based on your own ability makes this a challenge for anyone."*



Muscle Sculpting from the comfort of your living room

Yoga with Meditation

Tuesdays 7:15-8:15 PM

The first half of this class will include basic yoga postures to help improve flexibility, strengthen muscles, and relax the body. A guided meditation is led during the second half of the class. Yoga Nidra is a sleep-based meditation that uses a series of breath, body and awareness techniques to optimize physical restoration and help relieve stress.

Participant Testimonial: *"I really enjoy the half yoga / half yoga nidra format, as getting into the body beforehand through yoga definitely helps with relaxation afterwards."*



Yoga Dance for Kids is a great way to get the household moving together

Yoga Dance For Kids (and families)

Tuesdays 6:15-7:00 PM

Let Your Yoga Dance is a fun-filled activity combining yoga and dance which emphasizes improving body, brain, and heart health. Children have fun as they sway, jiggle, stomp, skip, jump, flow, and rest. This program helps children experience a blissful body, joyous heart, and a peaceful mind.

Youth Basketball (New!)

Thursdays 3:40-4:40 PM

Basketball is a great team game and a fun way to stay fit and make friends! The Nutana Basketball Club for kids ages 6-7 will be a chance for our youngsters to make friends while learning about skills and teamwork. The hour-long sessions will have plenty of fun activities and opportunities to play and enjoy this great sport. The club kicked off mid-November and runs until March 31, 2022; sign your child up anytime through www.nutana.ca. If cost is an issue, email programming@nutana.ca. Nobody will be turned away from this activity due to finances.



Long-standing program of volleyball still enjoyed by many

Local Action for a Global Cause

By Rebecca Cormack, NCA Editor

We have had a summer of heat waves and drought. And now we are watching our western neighbours undergo mass flood destruction. It is possible that failed crops and animal feed shortages, or the Coquihalla being ripped to shreds, do not impact you directly at this very moment. But those are just a few occurrences over the last several weeks.

So how do you feel? Perhaps scared, sad, and panicked? I do. But it also brings on some passion, energy, and determination. In fact it's occurrences like these that just might be the ticket to unlock our collective amygdalas into a flight to start (or strengthen) our own individual actions needed to reverse these climate changes around us.

A new year is upon us, a time that inevitably brings reflection. So let reflection initiate action. But what should you do first? Or what is the next level of effort if you are already composting and using LED lights? What can you start planning for over the next few years and decades?

Did you know that The City of Saskatoon has a Climate Action Plan? And they've already published a 2020 Progress Report on it. In fact, Saskatoon is one of only seven Canadian cities and 95 global cities to accomplish a series of steps needed to be recognized as an A-List member of CDP, a non-profit global entity supporting cities to increase their climate action.

Public disclosure of an inventory of city-wide emissions, and the establishment of targets and action items have been undertaken by the City to both adapt to a changing climate and to reduce our contributions to the causes of climate change.

Targets and actions from the Low Emissions Community Plan, as well as their projected emission reductions, include:

◇ By 2050, achieve reduction and diversion rates of: 90% for organics, 95% for plastics, and 90% for paper. The existing goal is to divert 70% of waste from the Saskatoon Landfill by 2023. Emission Reductions by 2050 = 1,303,000 tonnes CO₂e.

Want an unsettling statistic? Currently, 60% of all waste going to the Saskatoon Landfill is organics - mainly food waste. Organics produce methane. The new Organics Curbside program is being rolled out in 2023 but there are many steps the individual can take to divert and reduce this statistic in the meantime.

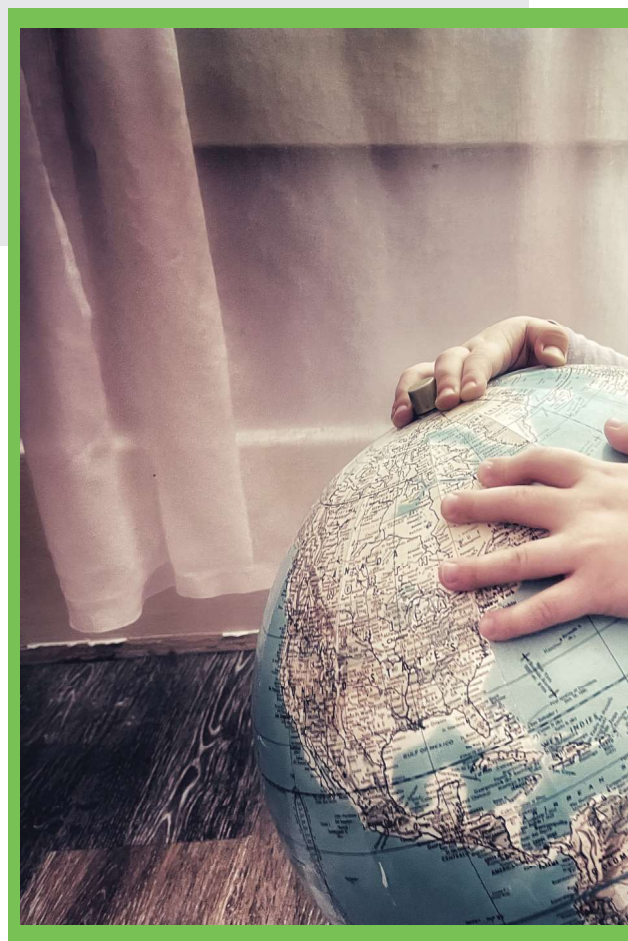
◇ 30% of all new vehicle sales are electric by 2030, 90% by 2050. Emission Reductions by 2050 = 2,756,000 tonnes CO₂e 21.1 A detailed strategy is to be developed to increase private EV sales - this will include an EV charging network and education or incentive programs.

◇ Reduce residential, industrial, commercial and institutional water use through education programming and water efficiency incentive programs. Milestone Target: Reduce outside water use by 20% and reduce inside water use by 30% in 100% of new builds and retrofits. Emission Reductions by 2050 = 147,000 tonnes CO₂e.

◇ All new homes constructed in 2036 onwards will maximize their roof solar PV coverage, with electricity generation tied into the electricity grid. Emission Reductions by 2050 = 5,049,000 tonnes CO₂e.

◇ Through envelope and mechanical system retrofits and renovations, 50% of existing buildings (homes) are 50% more energy efficient by 2030, 90% by 2050. Emission Reductions by 2050 = 2,013,000 tonnes CO₂e.

◇ Achieve a 20% mode shift to active transportation by 2030, 30% by 2050. The existing goal in the Active Transportation Plan is 24% mode shift by 2045. Emission Reductions by 2050 = 287,000 tonnes CO₂e.



A few City projects underway:

- Current street light conversion to LED will save more than \$850 thousand dollars per year, and curb emissions to the equivalent of more than 12,000 cars per year.
- The City's first Solar Farm has been approved to be built in the Dundonald neighbourhood. Thanks to a federal grant, the payback on this project will be 8 years, with annual savings of \$100,000 after that.
- A system to catch storm overflow has been implemented in a flood-prone area of the City, simultaneously creating a new soccer field for W.W. Ashley Park.

Incentives are planned - like the Home Energy Loan Program (HELP). HELP is an incentive program created to provide low-interest loans of \$1,000 to \$60,000 to residential homeowners for energy efficiency and energy generation projects, targeting up to 100 households in the first two years, with the potential of reaching 600 households with additional funding. At the point where revenue equals cost (355 participants per year), GHG emission reductions are estimated at 4,500 tonnes CO₂e per year.



Some of you were aware this program was being launched in September. **Within the first 24 hours of the program going live, over 102 applications were received, and another 200 have since applied.** Original City funding provided was 2.5M, which could provide an average of \$25,000 loans to 100 households.

The City was cautious not to oversubscribe and are working with the first 62 applicants to determine their loan needs. With a maximum availability of \$40,000 per loan, the process will unfold to determine how much funding is needed for these 62 before moving to those on the waitlist and future applicants. Additional program funding has been applied for from the Federal Government and it's anticipated the City will hear back over the next few months.

The Climate Action Plan and supporting strategies can be found on the City's website:
saskatoon.ca

Our Future Depends on Working Together

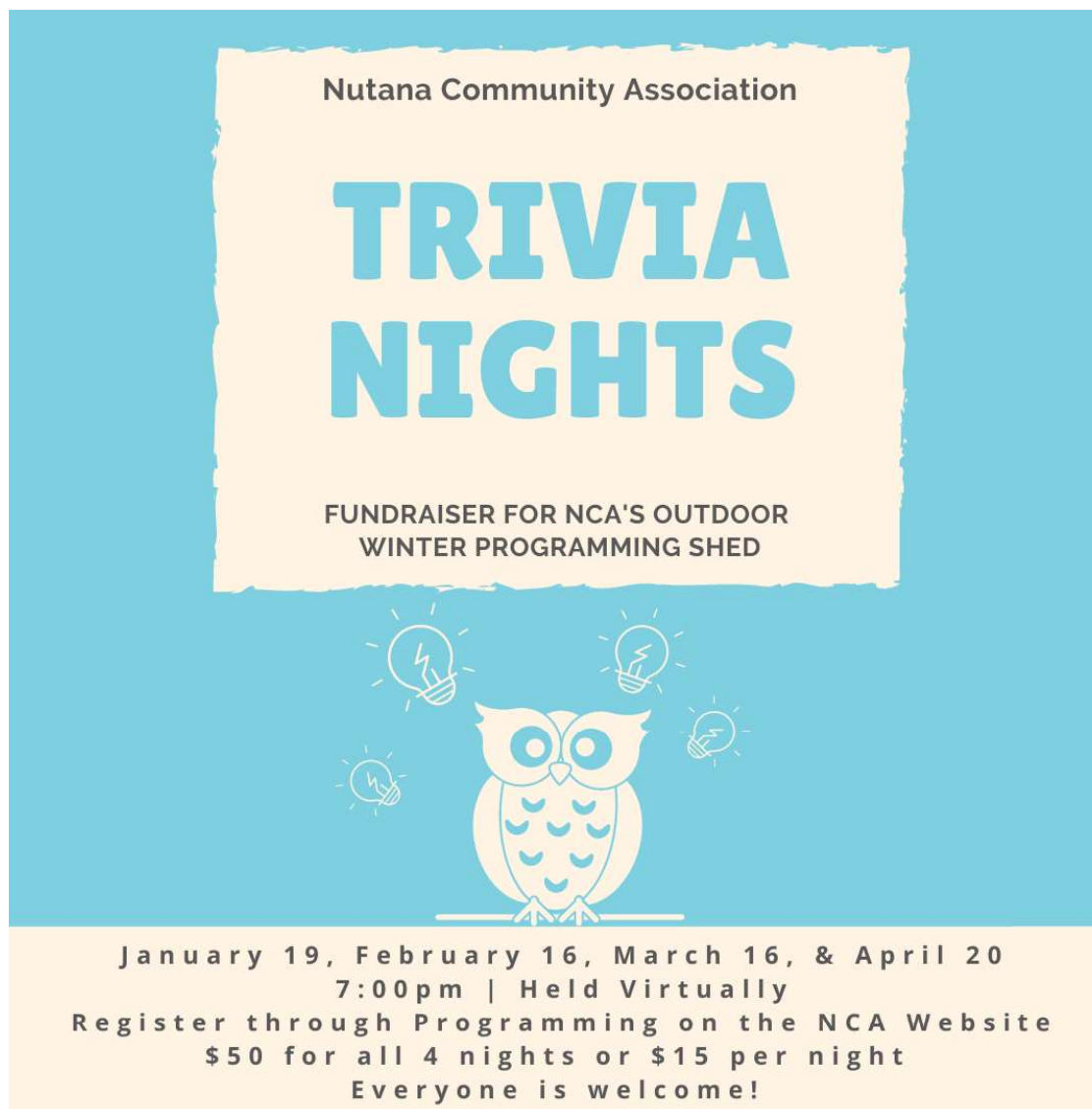
The City needs to work cohesively and diligently to plan for and govern in a manner that may be new, that may at times cost us money, that may be controversial to some, that won't be without challenge and change, but is no longer denying our impact and is doing something about it. No doubt, there has been a great expense incurred in the City's planning efforts to date - and the costs associated with achieving the goals set out in these plans will be enormous. The reality is climate change mitigation is expensive. However, one can be assured that it will be far more expensive to rectify the impacts climate change will have on us if we don't do anything.

And this is where we all need to come together: the City cannot do this alone.

It's challenging to succeed in a top-down directive model. We see this as it plays out through another situation affecting our entire world. We see the challenges and impacts that arise when we do not work together. We all need to do what we can in our lives, our jobs, our communities. We need to start these conversations with our peers, our families and friends. Rather than debating, let's put our effort into finding common ground and getting to work. It's time.

Whether you're planning your next vehicle or appliance purchase, contemplating house renovations or development, or just living out daily life as a consumer - consider it all with a new outlook. One that acknowledges all our individual small impacts add up and contribute to climate change. One that searches for small and big changes to our mindset and decision making. One that is actively striving for a sustainable future.

Nutana, Put Your Trivia Skills To The Test



The Nutana Community Association, in partnership with Sask Lotteries, is creating outdoor winter programming! This programming's aim is to embrace Saskatoon as a winter city and get residents to remain active outdoors year-around.

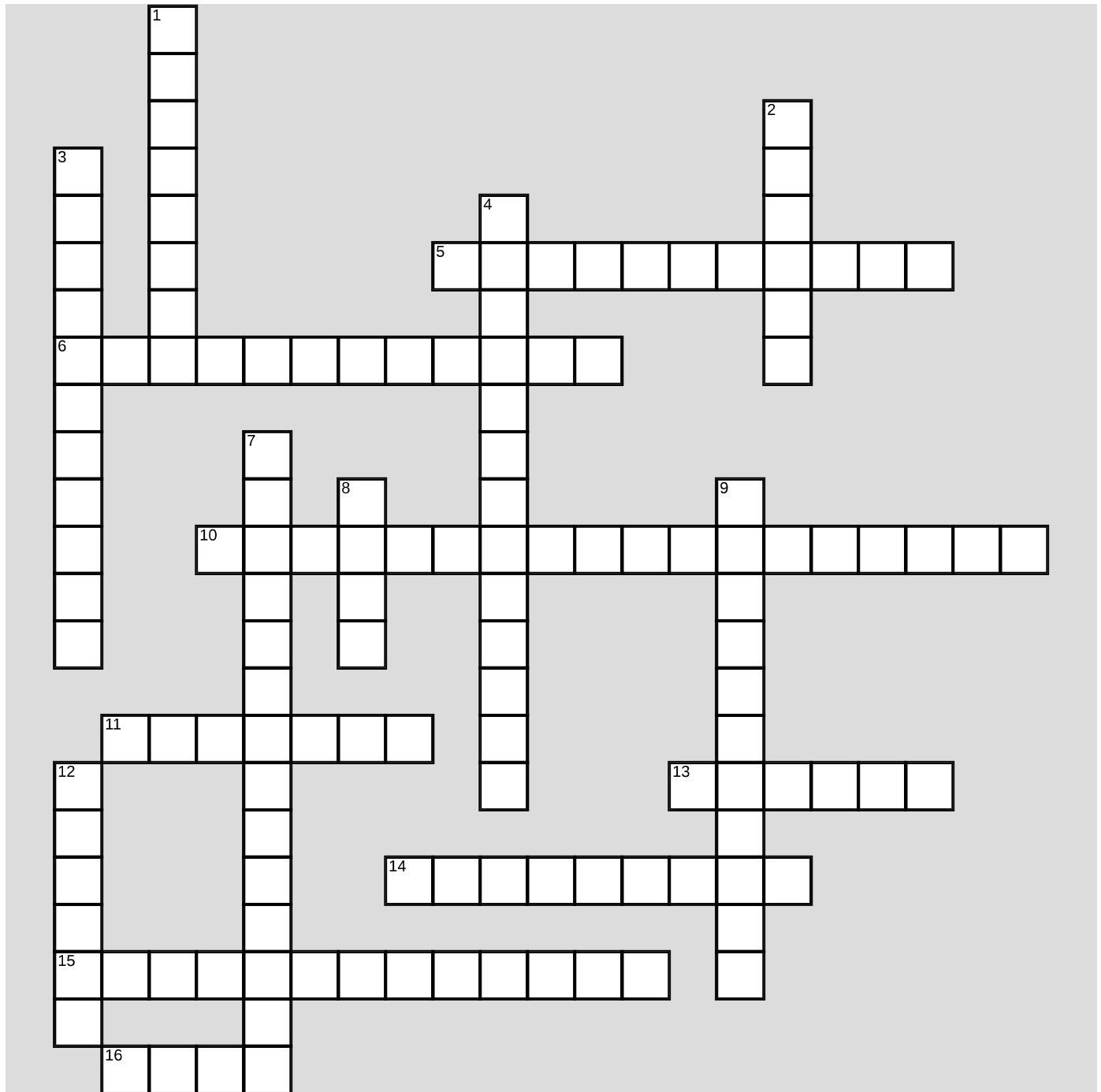
Sask Lotteries has committed funds to the purchase of some outdoor equipment (skis, skates, kick sleds, snowshoes, etc) to get this programming started and so that we can offer low or no cost programming. This equipment will take into consideration various sizes and abilities. Offering this programming through our already established programming network will ensure that we are able to provide appropriate instructors and instruction.

As this programming grows and develops, we look forward to being able to offer drop-in (try-before-you-buy) events, more low-cost programming dates and times, equipment available at festivals, partnerships with other community association and organizations, and many other opportunities to those who are looking to be more winter friendly.

The NCA needs to raise funds to purchase a shed for our outdoor winter programming equipment. We will be hosting a series of virtual trivia nights that are open to everyone. Children, adults, families, are all welcome to be a part of these nights. They will be held January 19, February 16, March 16, and April 20, starting at 7:00pm. Registration is now open and can be done through our programming website. Visit www.nutana.ca.

Do you have outdoor winter equipment that you have outgrown and are looking to part with? Please consider donating your outdoor equipment to the NCA for our programming. Contact vice-president@nutana.ca if you have questions or equipment.

A Local Crossword Puzzle



Across

- 5 Nutana Collegiate alumni; Prime Minister of Canada
 6 _____ Senior's Centre
 10 "Spirit of Youth" artist
 11 "young people" in Cree; school
 13 Last resident of the Farnam Block
 14 Broadway Bridge designer
 15 School that sits where the Stone School once did
 16 National historic site; residence

Down

- 1 _____ in the Park; spooky
 2 Peace Prayer Pole; park
 3 Broadway Ave, University Dr, 12th St E
 4 Broadway Theatre winter festival
 7 Community garden
 8 Back alley roastery
 9 702 14th St E
 12 Presidential last name

