

NEWSLETTER

of the Nutana Community Association

Summer 2021



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nutana.ca



President's Newsletter Greeting

Hey Neighbours,

As I write this we are knee deep in summer. I know in my house we are balancing the love of the heat with the embrace of the air conditioning. We have had such a wonderful summer out in the parks and on the river. I see so many people from our neighbourhood and from every area around enjoying the amenities Nutana has to offer. Whether it's the slack lines in the park, the bikes rolling down Victoria, or the patio activity on Broadway this place feeds the soul. It's not lost on me how lucky we are to live so close to all these amazing places, but it's also not lost on me how our neighbourhood has put the work in over decades to create these spaces. These feelings are what drive the passion of our board to build this place up however we can.

It's wonderful to see things start to open back up with events and festivals happening in the summer and fall. However, as someone who works from home, it's also exciting to see some of the changes brought on by the pandemic stick around. With our programs and instructors adjusting to what has worked for them and what works for their classes you'll find we have kept a hybrid approach to programs in the fall. Some online. Some in person. Our yoga instructors in particular have enjoyed the hybrid adult/toddler/doggy yoga sessions and look forward to keeping up with a few of these. I hope you find a program that works for you and your comfort level. As always our indoor programmers and our registration coordinator put so much work into bringing these low cost activities to our neighbourhood, so I tip my hat to their mad skills.

Last month the Saskatoon Police Commissioners Board gave many community associations the opportunity to engage with them on community safety issues in the neighbourhood. The Board and the Police Chief were present and it was a great place for different neighbourhoods to have the space to discuss what safe communities meant for each of us, what we expected from policing in the city, and how we can engage in a more constructive way. While this is an ongoing conversation a big take-away was that the community may have issues that are going unreported. Often, I know I fall under this category, we may be victims of bike theft or vehicle damage and it goes unreported if we don't think it will amount to anything. In this case you may be right, but by reporting these issues we give the SPS the data that would support more policing efforts in our area. If this is something you'd like to see more of in Nutana this is perhaps the best community based effort that can be made.

I look forward to working towards more community events in the neighbourhood as things open up. We are excited to be creating an outdoor programs stream, should you be interested in being an instructor or coordinator for these efforts please reach out. We have funding in place and have started work on procuring inclusive equipment for numerous sports/activites. We'll be updating the community on equipment and programming options this fall and look forward to helping people take advantage of our winter spaces (I know, too soon).

Until next time.

Jasmin Parker President, NCA

Keep up to date on the community. The public is always welcome to attend our monthly NCA meetings. They take place on the first Wednesday of each month.

Our upcoming meetings are:
September 1 2021 (Venue Rotary Park)
October 6 2021 (Venue TBD)
Time: 7:00 p.m.
November 3 2021 (Venue TBD)

Meetings have been held by Zoom. However, as things open up we are considering meeting in-person again.

E-mail secretary@nutana.ca to confirm the venue for each meeting and/or receive a Zoom link to attend.





From 10 AM to 5 PM Saturday 11th of September, Broadway Avenue in Saskatoon is transformed into a celebration of local food, culture, and shopping.

The Broadway Business Improvement District (Broadway BID) has been hosting the annual Broadway Street Fair since 1983. This is Broadway District's largest event of the year, drawing thousands to the street to experience the sidewalk sale, music, and dance stages, silent auction, performers, food, and much more.

Good Vibes Felt on Broadway



Thank you to The Better Good, with support of fellow Broadway businesses, for organizing a community-strengthening event. The sights and sounds of positive energy are being enjoyed on the sidewalks of Broadway throughout the summer as Artists share their craft in a performance series.

The Summer Lineup:

June 5 Saul (Folk) July 10 Jay Semko (Folk/Rock)
June 12 Peace Akintade (Poetry) July 24 Adam Swalm (Folk/Country)
June 20 Fabian Minnema (Folk/Rock) July 31 Kate Ryan (Circus)
June 26 Jake Vaadeland (Bluegrass) Aug 14 Ellen Froese (Folk)
July 3 Rory Lynch Quartet (Jazz) Aug 29 The Local Group (Bluegrass)

Supporting the arts and our local businesses and coming together as a community is what Nutana is all about.



















Community Gardens Update

From Joe Pfeifer, Chief Darcy Bear Garden

The Chief Darcy Bear Garden is thriving and is far more lush and developed for this time of the year than it has been in the past. The gardeners are all quite delighted.

We have an interesting and unusual plant growing in the north west corner of the garden. It is called milkweed and I suspect someone planted it a few years ago. It is quite a toxic plant causing rash and skin irritation to humans and pets but it is also one of the very few flowers that attract the monarch butterflies. The butterflies will remember it's Location from year to year and will return annually to find it. It is a fascinating plant to research.

There are two gardeners in particularly to thank. First is Penny Stalker who faithfully comes to the garden every morning at 6:30 to run the sprinklers for 10 minutes. Second, is Norman Swain who is an excellent handyman and has done multiple tasks, as well as advising the less experienced gardeners.





From Paul Catt, Remai Garden

We have 60 Gardeners this year at Remai Nutana Community Garden. We have 40 past members and 20 new. We have started a Facebook Group as a means of communication amongst members.

It has been so hot this summer and our water tanks have had to be filled a lot this year. We are thankful for the Fire department for filling them (Tankful)!

We had a big problem with our tank this year. The valve broke off and we had water pouring out until a quick-thinking gardener stuffed a plastic bottle in the hole to stop the water from being wasted.

Thanks to those for helping to drain the tank for repairs by watering all of the garden plots. Thanks to Dave for getting the garden a replacement valve. Also, a special thanks to Denise and Darren for helping me run the Garden this season. Happy Gardening!

Marr Moment

In April of 2021, the citizens of Saskatoon were made aware of the need for major repairs to the roof of the historic Marr Residence. The Marr Residence is grateful to all those who reached out to voice support for the project and with offers of financial support.

Working with the City of Saskatoon, funds have been designated towards this project. The Marr is also extremely grateful to the Saskatchewan Heritage Foundation, who have chosen the Marr Residence to receive a funding grant.

The Marr Residence and the City of Saskatoon have worked together to create a way for you to be able to make a donation to the Marr Residence and receive a charitable donation receipt. Donations will be accepted through the Marr Residence and a charitable receipt will be issued to you by the City of Saskatoon. Your donation will ensure reserve funds for future maintenance work on the Marr Residence.

Donations can be made by

- E-transfer to: marrresidence@gmail.com Please include in the comment section of the e-transfer your name, address, e-mail and phone number
- Cheque to the Marr Residence at 326 11th St. East, Saskatoon S7N 0E7

Thank you for your gift.
The Marr Residence Board of Directors



The Marr Residence Re-opens Sunday, September 5th

Our presenter will be David Carpenter, who will be a doing readings from his book "Education of Augie Merasty"

Free tickets can be booked by calling the Marr Residence at 306-652-1201

Remembering a Saskatoon Leader

Cathy Watts was a true leader. A visionary leader. A lover of her community, her family and her bicycle. If you are unfamiliar with this Saskatoon legend, please take some time to read up online and check out Saskatoon Cycles. Ask a neighbour, they will be able to tell you about this remarkable woman and likely have more than one story to share.

It is with great honour that we take time to reflect on Cathy, one year after her passing. While this tribute could be to look back on all of her accomplishments as a well-known cycling advocate and community place-maker, it might be more fitting to take Cathy's approach and use this as an opportunity to highlite the importance of people believing in themselves, believing in others, and working together to make change. Because right now this notion is not just a good idea, its seems absolutely vital for the sake of our tomorrows.

Cathy's Granddaughter Shares Her Memories

So what is it like to have had someone like Cathy Watts as your grandma? Granddaughter, Olive, graciously shares with us the impact her grandma had on her:

My grandma provided me a lot of advice and words of wisdom, and there were many teaching moments when we were together. Here are some of her teachings and beliefs that she instilled in me:

When I was 5 years old, before I started school, she made me wear some gloves to pick up cigarette butts in the park... and then wrote a shaming message on duck tape and stuck it to the bench... the message said: "A 5 year old had to pick up your butts... do better"



Cathy and Olive's memorable trip to NYC

Don't give up...come up with another idea (or 10!)

Grandma supported me to recruit my classmates and other kids at school to join me at climate action strikes and never doubted I had a voice that could make a difference... she gave me confidence that I could make change even though I was not even in high school. No matter how young or old I am, I have a voice and I can use it to make change.

If you can, do it now... don't wait

Don't worry about the past or the future... focus on what is happening right now.

My Grandma would invite me to help her host tea and appetizer parties for fundraisers and events to support young women in politics... I know a lot about hosting many people in my house!

Don't worry about what other people think, just go for it

This is what my Grandma taught me... when I believe in something, or think that something is wrong or causes harm, I will never give up trying to make change to make things better... She also taught me that each and every idea I have ever shared with her could all be possible, nothing ever seemed to be impossible for her... and I think that that is something that I have learned from her... and what I live with and live by...

Thank you to Olive and the Cathy Watts family for contributing their reflections. You have had and will continue to have the support of your friends and neighbours.

Cathy Watts - September 3, 1948 - September 8, 2020

A healthy and connected community was a vision Cathy strived for. "Saskatoon could become one of the best biking cities in the world" was a belief she felt strongly about. In her efforts, she showed us what determination looks like when faced with challenge and adversity. She showed us it wasn't easy but that it would be no reason not to try nor give up. Until the very end Cathy made people believe in what the strength of a community can do.

Family, friends, the many community members of Varsity View and Nutana, the citizens of Saskatoon and beyond who were touched by Cathy's presence - be it briefly or lengthy - it is you that can carry on as Cathy would. With purposeful actions and a voice that rings loud for what you believe in.

Thank you Cathy, for every effort you made to put a spotlight on the importance of safe and vibrant active transportation in Saskatoon. Thank you for caring about the community you lived in and the well-being of all its members. Thank you for leading in such a way that fostered your own legacy to be continued on by others.



Highrise Development in Nutana

With Robert Clipperton, NCA Civics Coordinator

Highrise developments in Nutana have always been of interest to our residents and at times have been the focus of much controversy. From older developments such as the Broadway Condominiums to more recent builds such as the Luxe and the newly opened Escala to those currently under construction by Baydo Development and Westcliff Properties, high-rise buildings have gradually become common within the Broadway Corridor. Many of these high-density housing projects have have raised the level of anxiety for many in Nutana. Residents may well wonder if there is any rhyme or reason behind the placement of these high-density housing projects. Although there seemed to be little control in decades past more recently there have been plans in place.

The Broadway 360 Plan was completed in 2009. A quick Google search will help you find the document on the City of Saskatoon website. A key objective was to build on the Nutana Local Area Plan to provide an integrated set of recommendations for land use and character retention focusing on the area bounded by the River on the north, 8th Street on the south, Victoria Avenue on the west and Lansdowne Avenue on the east.

Twelve Years later in 2021 the City is embarking on a series of neighbourhood consultations to develop and update Corridor Planning. Each Corridor Plan is to be developed through a collaborative process with land owners, neighbourhood residents, local business owners and stakeholder groups. Some of the objectives of Corridor Planning include: Encouraging residential development along the corridors to achieve a growth target of 11,000 to 22,000 new housing units, providing a mix of land uses that support the use of the Bus Rapid Transit service and alternative transportation options like walking and cycling, developing liveable areas with vibrant public spaces where people want to stay, play and eat on a year-round basis, and maximizing the use of existing infrastructure while providing new services in a cost-effective, sustainable, and efficient manner.

Work on the College Corridor Plan for the College Avenue segment has already started. It will be followed by the Nutana segment in 2022.

More information on how you can participate in the public engagement process can be found at saskatoon.ca/corridor



Escala by Meridian Development



880 Broadway by Baydo Development



Luxe by Meridian Development



Apartment Building Project underway at Main and Dufferin



City Council Update

With Cynthia Block, Ward 6 Councillor



For timely information from City Hall, please sign up for my e-updates: www.cynthiablockward6.com

Email: cynthia.block@saskatoon.ca

Phone: 306-975-3676

Facebook & Instagram: cynthiablockward6.com

Twitter: cynthiablocksk

Hello residents of Nutana!

I hope you have been enjoying summer in our beautiful city and doing your part to help Saskatoon safely re-open as we continue to manage Covid-19. Our Emergency Management folks are working closely with the Saskatoon Health Authority to ensure we are on top of the latest information. If you haven't been vaccinated, I hope you will make time to receive both doses as soon as possible, as this is critical to ending the pandemic. City Council is getting ready to return to City Hall and in-person formal meetings in September.

It has been a busy year for construction with many major improvements to basic infrastructure in Ward 6, including the important flood control project in WW Ashley Park. However, some projects have seen delays in the Nutana neighbourhood and I know it has been frustrating for residents. I am working closely with our administration to ensure these projects get back on track as soon as possible.

The City has begun engagement on corridor planning to determine the best places to build density in the decades ahead. The planning is aimed at major transit routes such as 8th Street, Broadway Avenue and College Drive, as we prepare to launch Bus Rapid Transit (like a subway on wheels) in 2025. The first corridor project focuses on College Drive in the Varsity View neighbourhood. A full public engagement is planned for this fall.

Thanks to everyone who is working to make our majestic neighbourhoods a better place to live, including the awesome volunteers on the Nutana Community Association.

Sincerely, Cynthia

Tell us about what is remarkably neighbourly happening around you. Send us your Nutana Notable Neighbour nomination to acknowledge someone's efforts, big or small, that contributes to the already outstanding community that is Nutana!

Include in your nomination these things:

- Nominator's Name and Email Address
- Nominee's Name and contact information (e-mail is best)
- Reason for Nomination (1-5 sentences)

Send your nomination to 201 – 327 11th Street East, Saskatoon, SK S7N 0E5 or by e-mail to volunteer@nutana.ca



Nominations received throughout the year are acknowledged at our Annual General Meeting with a small gift of appreciation given to the recipient.

Thank you Nutana for celebrating your Neighbours

Fall Programming - Meeting Your In-person and Virtual Needs

The NCA is pleased to offer a wide range of indoor programming for the fall, with classes offered via Zoom or in-person. **Online program registration runs August 16-September 07, 2021 at** www.nutana.ca; in-person registration is tentatively set for Sept 1 (TBC). Each program runs for 10 classes; dates have been adjusted for known school closures [in brackets] although this is subject to further change. Please consult the NCA newsletter, Facebook page, www.nutana.ca, or email programming@nutana.ca for the latest info. **ALL PROGRAM DATES/TIMES ARE SUBJECT TO CHANGE.**

A non-refundable annual membership fee of \$10/individual or family is required to participate in any program and can be purchased as part of the registration process. NCA honours all other Community Association memberships. In an effort to ensure everyone who wants to participate in a program can, cost-as-a-barrier assistance and/or KidSport applications are available for those facing financial hardships. To inquire/apply, please contact Indoor Programming Coordinator at programming@nutana.ca. All inquiries are kept confidential.

| Program Name | Age | Location | Time | Day | Date Start-End | Fee | Instructor Name |
|--------------------------------|---------|-------------------------------|-------------------|------------|--|-------------|------------------|
| (Adult) | . 0- | Grace- | | , | | | |
| | | Westminster | | | | | |
| Gentle Yoga | 18+ | Church | 02:00-03:00 PM | Wed | Sep 15-Nov 17 | \$60 | Kathleen Brannen |
| v 6 6 6 6 7 | 4.0 | Victoria School | 07.00.00.00.00. | | 0 45 11 47 | 450 | 16 al.l. D |
| Yoga for Sleep/Yin Yoga | 16+ | Auditorium | 07:30-08:30 PM | Wed | Sep 15-Nov 17 | \$50 | Kathleen Brannen |
| Yoga Fit | 16+ | ZOOM | 06:15-07:15 PM | Tues | Sep 14-Nov 16 | \$60 | Leah Brannen |
| Yoga Multi-level | 16+ | Victoria School Auditorium | 07:30-08:30 PM | Thur | Sep 09-Dec 09 [Sep 23, Oct 7 & 21, Nov 11] | \$50 | Kathleen Brannen |
| Yoga For Runners & Others | 16+ | ZOOM | 06:15-07:15 PM | Mon | Sep 13-Nov 22 [Oct 11] | \$60 | Leah Brannen |
| V 5 5 0 0 1 | 46. | 70014 | 06.45.07.45.004 | T I | Sep 16-Nov 25 | 460 | |
| Yoga For Runners & Others | 16+ | ZOOM | 06:15-07:15 PM | Thur | [Nov 11] | \$60 | Leah Brannen |
| Yoga with Meditation | 16+ | Victoria School Auditorium | 07:15-08:15 PM | Tues | Sep 14-Nov 16 | \$50 | Amanda Plante |
| Prenatal Yoga | 16+ | Victoria School Auditorium | 06:00-07:00 PM | Mon | Sep 13-Nov 29 [Oct 11, Nov 22] | \$50 | Amanda Plante |
| Muscle Sculpt | 16+ | ZOOM | 10:30-11:30 AM | Thur | Sep 16-Nov 25 [Nov 11] | \$50 | Leah Brannen |
| | | Grace- Westminster | | | • | | |
| TaiChi | 16+ | Church | 02:00-03:00 PM | Tues | Sep 14-Nov 16 | \$80 | Steven Wang |
| Gyrokinesis | 16+ | ZOOM | 06:30-07:45 PM | Wed | Sep 15-Nov 17 | \$60 | Natasha Martina |
| | | Hugh Cairns V.C. | | | | | Jolene Zidkovich |
| Volleyball | 16+ | School Gym | 07:30-09:00 PM | Tues | Sep 14-Nov 16 Sep 16-Dec 16 | \$30 | (Lead) |
| 0.11 | 4.0 | Victoria School | 07.00.00.00.00.00 | | [Sep 23, Oct 7 & | 450 | |
| Guitar | 16+ | Library Victoria School | 07:00-08:30 PM | Thur | 21, Nov 11] Sep 13-Nov 29 | \$50 | Perry Boyko |
| Badminton | 16+ | Gym | 08:30-10:00 PM | Mon | [Oct 11, Nov 22] | \$30 | Stan McGaffin |
| | | Victoria School | | | Sep 16-Dec 16 [Sep 23, Oct 7 & | | |
| Badminton | 16+ | Gym | 08:30-10:00 PM | Thur | 21, Nov 11] | \$30 | Stan McGaffin |
| Program Name (Kids/Parents) | Age | Location | Time | Day | Date Start-End [No Class] | Fee | Instructor Name |
| | | Victoria School | 06.45.07.222 | _ | | A=0/5 " | |
| Yoga Dance for Family | All | Gym | 06:15-07:00PM | Tues | Sep 14-Nov 16 Sep 16-Dec 16 | \$50/family | Amanda Plante |
| | | Victoria School | | | [Sep 23, Oct 7 & | 4 | |
| Recreational Soccer | 3-4 yrs | Gym | 06:00-06:45 PM | Thur | <i>21, Nov 11]</i> Sep 16-Dec 16 | \$30 | John Roja |
| | | Victoria School | | | [Sep 23, Oct 7 & | | |
| Recreational Soccer | 5-7 yrs | Gym | 07:00-07:45 PM | Thur | 21, Nov 11] | \$30 | John Roja |



Perfect execution of a child's pse by this one-year-old

Zoom yoga In Nutana was a family affair. Children ran in to wave and help their parents with their poses. Pets also joined in and sometimes as many dogs as yogis were doing downward dog.

Zoom classes turned out to work very well for busy people in Nutana. Participants could get up from their desks, set up their mats, get into their gear, and get going. Parents had a much greater chance of making it to class, with travel time a thing of the past.



Muscle Sculpt Zoom was a new program last year, and is being offered again this fall

A highlight on a few of our upcoming programs:

Prenatal Yoga

Mondays 6:00-7:00

Prenatal yoga will help expectant moms develop strength and stability, as well as connect with their growing baby. Each class will include postures and movement, pregnancy safe breathing techniques, relaxation and meditation. Class is suitable for all stages of pregnancy. No yoga experience is needed.

Yoga with Meditation

Tuesdays 7:15-8:15 PM

The first half of this class will include basic yoga postures to help improve flexibility, strengthen muscles, and relax the body. A guided meditation is led during the second half of the class. Yoga Nidra is a sleep-based meditation that uses a series of breath, body and awareness techniques to optimize physical restoration and help relieve stress.

Yoga Family Dance

Tuesdays 6:15-7:00 PM

Led by a certified kids yoga teacher but not just for children – get the whole family moving in this 45-min class combining simple but active yoga poses, movement, stretching, and fun.

The family who moves together, grooves together!

Guitar

Thursdays 7:00-8:30 PM

Accomplished Songwriter, Mr. Perry Boyko, offers his +25 years experience of playing guitar to virtually teach at a beginner's level. Requirements for beginner students: 3/4 size guitars with nylon strings, guitar picks and music stand.

The 2021 Spring Soccer Season saw a record breaking 3 Kinder and 10 U5/-U9 Nutana teams entered in the spring program. Great work to the +100 players, coaches, families and spectators for a successful and safe soccer season.

The NCA's longtime Soccer Coordinator has retired. Thank you Kelly Wells for your many years of volunteer efforts. Please consider joining our Board to fill this Soccer Coordinator position! E-mail volunteer@nutana.ca for details.



Nutana Polar Bears warming up to take on the Wildwood Wildcats

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Acknowledging History

