



NEWSLETTER

of the Nutana Community Association

September 2015

2015-2016 NCA BOARD

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Directors at Large

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Paul Labelle

32nd Annual Broadway Street Fair

Sept 12th 10am-5pm

- Sidewalk Sale • Food Trucks
- Activities • Entertainment
- Silent Auction • and More!



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<http://www.chrishendricksonphoto.com>
Used with permission

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Online Registration starts Sept 4

In Person Registration on Sept 8



@nutanacommunity



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To contact the NCA, visit our web site: <http://www.nutana.ca/>

Nutana Community Association President's Message

By Mike McKague president@nutana.ca

Hello Nutana Neighbours,
Wow! I cannot believe that summer is near its end. I trust that you and your family and friends took advantage of the warm weather and lack of mosquitoes to have your best summer yet. Usually, things slow down a little bit for Nutana Community Association volunteers during the summer, but I this year was an exception. Here are the highlights of our best summer yet.

Mrytle Harrington and her team of volunteers have flawlessly executed the organization and administration of our two community gardens. The newer of our gardens is located at Eastlake and 12th St East. In mid-June, the park space beside this garden (and Nutana Collegiate) was renamed Chief Darcy Bear Park. The City organized a tremendous lunchtime ceremony to recognize Chief Darcy Bear's incredible leadership of the Whitecap Dakota First Nation. He is, coincidentally, also a graduate of Nutana Collegiate. We are proud of our community gardens as they create a beautiful space for people to come together in our neighbourhood.

Our Vice-President, Tanya Bell, is super pleased to announce that on Aug 1 the NCA received our larg-

est financial grant ever. The Saskatchewan Arts Board granted the NCA over \$33,000 (in addition to the \$9,500 we received from them in 2014). Tanya collaborated with Joel Berbaum and Heather Morrison to install SUM Theatre as our theater-in-residence over the next 24 months. SUM Theatre, who is best known for their Summer Theatre in the Park program, will bring theatre projects and events to our neighbourhoods schools and the residents. The first major event will be the Nutana Winter Festival at Ecole Victoria School skating rink during the first week of December. To our knowledge, this is the first ever instance of a community association hosting an artist-in-residence program in Canada.

You may recall our announcement in 2014 of the City Of Saskatoon granting the NCA \$25,000 (now the second largest gift in our history) to help upgrade and redevelop the Albert Recreation Unit, the small park at 13th St East and Clarence Ave. In collaboration with the Varsity View Community Association, Rahul Mainra and his team of volunteers have begun the process of park redesign and, more importantly, additional fundraising needed for this major initiative. The overall

budget for this project is estimated at \$250,000. We will be asking for your contribution to improving our neighbourhood park in the next months.

Upcoming in the next months are many of the usual events. Our Program coordinators, Karen Chovan and Paola Chiste have a full lineup of activity classes organized for you and your family. Fall programming sign-up will occur just after Labour Day at registration.nutana.ca.

Two neighbourhood events are scheduled for Saturday September 12. The annual Broadway Street Fair will bring thousands of people to our neighbourhood. Those same people might be interested in taking away something of yours at Saskatoon's first City-Wide Curb-side Swap www.facebook.com/events/732592060178619/

To stay in touch with us throughout the year and get notices of events, programs and news, please like us at <https://www.facebook.com/nutanacommunity> follow us at @nutanacommunity or visit nutana.ca.

Thank you for all the support of your community association. We should all be grateful to live in the best neighbourhood in Canada.

Mike McKague

Useful Contacts

For information about our provincial government or help with your concerns, contact:

Cathy Sproule, MLA for Saskatoon Nutana
621A Main St., Saskatoon S7H 0J8
Tel: 664-6101 (legislature: 306-787-9999)
E-mail: csproule@ndpcaucus.sk.ca

For local concerns and information, contact:

Charlie Clark, City Councillor for Ward 6 (which includes Nutana) City Hall,
222 3rd Ave. North, Saskatoon S7K 0J5.
Tel: 229-4447
E-mail: Charlie.Clark@Saskatoon.ca

Community Liaison Officers

East Division:

Constable Kimberley Robson

Tel: 975-8032

Kimberley.Robson@police.saskatoon.sk.ca

Constable Pam Fouquette

Tel: 975-2263

Pam.Fouquette@police.saskatoon.sk.ca

Newsletter Policy

Publication: three issues per year:

January, April, September

Content: information about local events, programs, organizations, people, places, etc. that are likely to be of interest to the Nutana community

Contributions: unsolicited contributions welcome; acceptance depends on appropriateness and timeliness of content, space available, etc.

Advertisements: no ads, except from the city

Contact: newsletter@nutana.ca

Deadline for submissions: the first day of the month that precedes the publication month

Nutana Community Association and Sum Theatre Make History!

Saskatoon's Sum Theatre and the Nutana Community Association are launching an exciting new partnership. This fall, thanks to the support of the Saskatchewan Arts Board, Sum Theatre will become the first ever theatre company to be artists in residence in a Saskatoon community.

Earlier this year Sum Theatre and The NCA partnered on a research project where 100 people across Nutana were interviewed about their ideas for arts and cultural opportunities.

This research culminated in Nutana Talks, an evening of creative community building. The ideas were astounding and the results overwhelming: there was a huge desire for Sum Theatre to bring their next wave of creativity to Nutana.

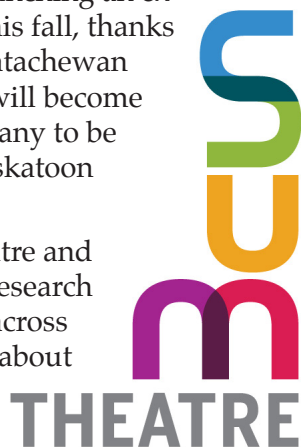
Sum Theatre is best known for its flagship program Theatre in the Park - Saskatchewan's first ever free live professional theatre performed live in public parks. Sum Theatre also works in Saskatoon schools with their Theatre in the Classroom Program, and tours exciting new Canadian theatre across Canada and Internationally.

Over the next two years Sum Theatre will be create and present new programming in the Nutana Community. Projects include Theatre on the Rink - an outdoor play and festival this December, Gramma Drama - a free drama class for kids and seniors, and Playwright in a Shop - real time playwriting in Broadway Avenue storefronts.

Stay tuned for more details on this groundbreaking new partnership.

The best way to connect with Sum Theatre is online:

Sumtheatre.com
Facebook / SumTheatreSK
@SumTheatreSK



You got pumpkins? We want pumpkins.



Pumpkins in the Park November 1, 2015 6 pm

It's going to be another great year! Our 8th Annual Pumpkins in the Park festival falls on a Sunday (Nov 1) this year

Save your jack-o-lanterns after Halloween is over and bring them to the Peace Flame in Rotary Park. We will line them up along the trail and make a pumpkin-lit pathway!

We will supply electronic tea lights, and after the night is over, your pumpkin will be composted (at the City of Saskatoon compost site).

The fun begins at 6:00 p.m. and goes until 8:00 p.m. Stay for a free hot dog and hot chocolate. Please be environmentally friendly and bring your own reusable mug if you can.

Volunteers are always needed, so don't be afraid to come out and give a helping hand! It's a great event to come and get to know your fellow Nutana Community members and neighbours.



City Council Update

Charlie Clark, City Councillor, Ward 6

Dear Nutana Residents,

Best of the Fall season to you,
At City Hall, we are continuing on the overhaul of our growth plans with the Growing Forward Shaping Saskatoon process, including plans for a Bus Rapid Transit system and an Active Transportation Master Plan. These plans all have potential impacts on older neighbourhoods like Nutana as we explore ways to modernize the Transit system, densify parts of major corridors like 8th St, and create safer cycling and pedestrian routes through the City.

There will be meetings coming up with opportunities for on-line engagement that you can check out at www.growingforward.ca. Now is a very good time to make your voice heard. We are also working to invite more citizens into the City Budgeting process earlier, which you can learn more about at www.saskatoon.ca/city-hall/budget-finance.

The Federal election campaign is now well underway. My experience as City Councillor has reinforced my understanding that decisions made in Ottawa have a big impact on our ability to build a healthy community here. Out of every tax dollar collected in Canada, cities take about 8 cents. We are dependent on strong partnerships with other levels of government to deliver necessary infrastructure, programs and services that provide a good quality of life to all citizens.

As we move ahead with plans for a Bus Rapid Transit plan it will be essential to have support

from the Federal government to help pay for new buses, and better shelters and stations, just as we rely on support for bridges and overpasses. Solid commitments to infrastructure spending make a huge difference in our ability to ensure we can keep our roads, bridges, sewer and water lines in good condition.

Other important issues in our city also require a strong partnership with the Federal government to be successful, such as: tackling homelessness and affordable housing, building a path to reconciliation between First Nations, Metis and Non-Indigenous people, creating good jobs in a well-diversified economy, taking meaningful steps towards addressing climate change and building a stronger renewable energy sector, ensuring good policy and programs to support settlement and integration of new immigrants.

These are issues I will be talking to candidates about as the election unfolds, and I hope you will too. Our country continues to have tremendous potential even as we face tremendous challenges. Creating a healthy diverse nation for future generations depends on creating healthy and diverse communities!

Please sign up for my Civic e-newsletter for more information about the debates and decisions happening at City Hall. You can do this easily through my website at www.charlieclark.ca.

Sincerely,

Charlie Clark

charlie.clark@saskatoon.ca



September 12, 2015 is
Curbside Swap day

At a Curbside Swap, unwanted items that are in good condition are placed on the curb and anyone can take them. Giving these items a new home keeps them out of our landfill and reduces our community's environmental footprint.

Join the city-wide Curbside Swap day on Saturday, September 12, by placing items on your curb that you want to give away. Make sure they're clearly marked as "FREE." After that, all swap items are up for grabs by neighbours and other Saskatoon residents. The swap ends by 6:00 p.m. when it's time for you to return any unclaimed items to your home along with your newfound treasures.

Guidelines

Clearly mark all items that you wish to swap as "FREE" and remove any items you wish to keep from your lawn and curb.

Do not block roads/sidewalks with items.

Obey all traffic laws and watch for children.

Do not drive/walk on other people's lawns.

Do not discard items on someone else's lawn/curb.

For more information visit:
<https://www.saskatoon.ca/services-residents/waste-recycling/recycling/saskatoon-curb-side-swap>

Big Plans for a Little Park

Albert Recreational Unit, at the corner of Clarence Avenue and 13th Street, has been a little park in the Nutana and Varsity View neighbourhoods for over 70 years, starting as a paddling pool and then expanding with a surrounding park and playground.

While the park has served us well over these years, both as a neighbourhood destination on hot summer days and as a fun playground area, the park is beginning to show its age, especially in the style and condition of its playground.

A small ambitious neighbourhood group wants to change this. We want to update the park and playground equipment to give a boost to the park's usage and its longevity.

These may be big plans for our little park, but we believe that the neighbourhood deserves and will support a great little park like this.

Ideas and concepts are still being discussed, but in broad strokes the committee is focused on these goals:

- maintain the paddling pool and building
- increase the green space
- modernize some (or all) of the playground equipment
- make the park a safe and welcoming place for all in the neighbourhood

Our energetic group is meeting regularly and we look forward to sharing our ideas with the neighbourhood, both for community feedback and also to begin fundraising.

We welcome your comments and suggestions as we begin making our big plans, and trust you will help support our little park.

Help us make our little park a big success!

The Albert Rec. Unit Committee:

Rahul Mainra (chair), Tanya Bell, Anu Bhargava, Barb Giles, Trevor Morog, Beth Wall, Sarah Williams, Roger Williamson

Contact us by email: bigplans@nutana.ca



You want philosophy?
We got philosophy.
Philosophy!

The Philosophy Department of the University of Saskatchewan host "Philosophy in the Community", a free lecture and discussion service the second Friday of each month, September through March.

Second Friday of each month, September through March
7-9pm, Refinery (Basement of Emmanuel Anglican)

609 Dufferin Avenue, Saskatoon

Sept 14: "Knowledge, Power and Prisons: The Strength and Limitations of Foucault's Critique" Professor Ria Jenkins

Website: <http://www.usask.ca/philosophy/community/>

Fall 2015 Programs

Online registration opens on September 4, 2015 at <https://registration.nutana.ca>.

In-Person registration is 6:30-8:00 on Tuesday, September 8 at the Victoria School Library.

Membership & Fees

A yearly membership fee of \$10 per family is required to participate in programs. NCA honours other community association memberships.

NCA offers cost-as-a-barrier assistance when needed. To apply, please contact programming@nutana.ca. All inquiries are kept confidential.

For methods of payment, please consult www.nutana.ca/program

Drop-In Badminton

Recreational badminton, doubles format – instruction is not provided, however many players are willing to provide guidance and tips for improvement.

Facilitator: Gerhard Freund

Drop-In Volleyball

Recreational volleyball – instruction is not provided, however many players are willing to provide guidance and tips for improvement.

Facilitator: Kathy Konechny

Intro STOTT Pilates®

This class is the point of entry for new Pilates students. You will be taught the five Basic Principles of Alignment, along with a brief history on Joseph Pilates. Exercises are kept simple. Emphasis is placed on using your core body, and proper body alignment, while improving posture. Please bring your own mat

Instructor: Laura Sheperd

Yoga Fit

YogaFit is a “flow” style of yoga aimed at people who want to improve their fitness levels. Participants move through sequences of poses that include lunges, squats and planks to build greater strength, increase flexibility and improve balance. The class ends with deep stretching poses that allow the body to relax.

Instructor: Leah Brannen

Yoga Multi-Level

Learn (or revisit!) the basic postures, sequences, and relaxation techniques in this user-friendly class. You may bring your own mat or borrow one of ours.

Tues Instructor: Laureen Sumner

Thurs Instructor: Kathleen Brannen

Yoga for Runners and Others

Focuses on developing core strength through a series of poses that build in intensity. Sequences will build flexibility through hips and legs and will develop upper body strength. Please bring your own mat.

Instructor: Leah Brannen

Fitness Bootcamp

Fitness Bootcamp is designed around functional fitness activities, covering a variety of strength and resistance, cardio and flexibility training. BootCamp will use a variety of equipment including kettlebells, sandbags and more. The classes are

open to all fitness levels and no previous experience with equipment is required.

Instructor: Terry Williams

Postnatal Yoga with Baby (0-8 mos)

Great for any mom, dad, or caregiver wanting to learn yoga postures to gain muscle tone and strength and to ease strain from caring for your baby and carrying all the gear that comes with them. This class allows you to come to yoga and spend time with baby in a fun, relaxed, and supportive environment.

Instructor: Kathleen Brannen

Jazzercise

Burn up to 600 calories in one fun and effective 60-minute total body workout. Jazzercise is a fusion of jazz dance, resistance training, yoga, and kickboxing. Please bring your own mat and also light hand weights if you wish.

Instructor: Penny Fox-Knudtson

Zumba

Inspired by Latin dance, Zumba involves a range of movements and aerobic conditioning set to high-energy music.

Instructor: Karen Harbaruk

Zumba/Jazzercise Combined

For those of you who want a constant workout or want flexibility, enroll in both Zumba and Jazzercise at a reduced rate. Come one or two nights a week.

Juggling

Weekly workshops, in which participants learn theory and skills of various circus arts. The emphasis is on juggling, diabolo, poi, spinning plates and flower sticks. For more information, visit www.saskatoon-jugglingclub.com.

Instructor: Paul Lehmkuhl

Yoga for Youth (Vinyasa)

Youth and teens are introduced to the many benefits of yoga, building strength and flexibility. Emphasis is on the physical and mental benefits of exercise and meditation.

Instructor: Amy Peters

Hoola-Hooping

Kids and hoops is a family friendly class that consists of exercise, coordination, rhythm and fun! This class is a perfect fit for any family. From babe's to grandparents, the hula-hoop can be a high or low impact tool.

Instructor: Karla Kloeble

Kids/Youth Basketball

Instructor-led basketball skills development classes. Scrimmages typically held at end of each session, once basic skills are established.

Instructor: Robert Hall

Preschool/Kids Soccer

Instructor-led soccer skills development classes. Scrimmages typically held at end of each session, once basic skills are established. Two classes to be offered, ages 3-4 & ages 5-7.

Instructor: Olivia Gramiak

Mechanical Spinners Workshop

Learn about rotational momentum and take home the toy you make!

Instructor: Bill Lewis

Inclined Planes Workshop

Learn about the six simple machines and a song too!

Instructor: Bill Lewis

Clay Sculpting

Youth will learn hand building techniques using clay and polymer clays.

Instructor: Tammy Krueckl

Drawing

Using a variety of drawing mediums, children will experience beginner techniques in drawing

Instructor: Tammy Krueckl

Designing Video Games

Work as team to develop your own video games using Clickteam Fusion 2.5, the software that some of the pros use. The class combines logical thinking and problem solving with unlimited creativity! Participants take home all video games created during the class (not just their own!)

Instructor: Bill Lewis

Surviving in Minecraft

Engineering for Kids hosts the education version of Minecraft on our own server. Your child will learn how to overcome engineering challenges and survive within the Minecraft world that they love.

Instructor: Bill Lewis

Minecraft: Colonize the Moon!

Your child will overcome engineering challenges as a team to save our future Earth and colonize the Moon within the Minecraft world that they love.

Instructor: Bill Lewis

Fall 2015 NCA Programs

ADULT/YOUNG ADULT						
Drop-In Badminton	18 Yrs +	Victoria School Gym	8:30-10:00 pm	Mon	Sep 14 - Dec 14	\$30
Drop-In Badminton	18 Yrs +	Victoria School Gym	8:30-10:00 pm	Thrs	Sep 17 - Dec 17	\$30
Drop-In Volleyball	18 Yrs +	Nutana Collegiate Gym	7:30-9:00 pm	Tues	Sep 15 - Dec 8	\$30
Intro Stott Pilates®	16 Yrs +	Victoria School Auditorium	7:30-8:30 pm	Wed	Sep 23 - Dec 2	\$60
Yoga Fit	16 Yrs +	Victoria School Auditorium	6:15-7:15 pm	Tues	Sep 15 - Nov 17	\$60
Yoga Multi-level	16 Yrs +	Victoria School Auditorium	7:30-8:30 pm	Tues	Sep 15 - Nov 17	\$50
Yoga Multi-level	16 Yrs +	Victoria School Auditorium	7:30-8:30 pm	Thrs	Sep 17 - Dec 3	\$50
Postnatal Yoga With Baby	Adult & Baby	Grace Westminster Church	10:15-11:15 am	Wed	Sep 16 - Nov 25	\$60
Yoga For Runners & Others	16 Yrs +	Victoria School Auditorium	6:15-7:15 pm	Mon	Sep 14 - Nov 23	\$60
Yoga For Runners & Others	16 Yrs +	Victoria School Auditorium	6:15-7:15 pm	Thrs	Sep 17 - Dec 3	\$60
Fitness Bootcamp	16 Yrs +	Victoria School Gym	7:30-8:30 pm	Wed	Sep 23 - Dec 2	\$60
Jazzercise	16 Yrs +	Victoria School Gym	6:00-7:00 pm	Wed	Sep 23 - Dec 2	\$60
Zumba	16 Yrs +	Victoria School Gym	6:00-7:00 pm	Mon	Sep 14 - Nov 23	\$60
Zumba/Jazzercise (Combo)	16 Yrs +	Victoria School Gym	6:00-7:00 pm	M/W	Sep 14 - Dec 2	\$85
Juggling	13 Yrs +	Victoria School Gym	7:00-8:00 pm	Fri	Sep 18 - Dec 4	NCA mbrshp
YOUTH/CHILD						
Hoola-hooping	8-12 Yrs	Victoria School Gym	6:00-7:00 pm	Fri	Sep 25 - Oct 30	\$30
Yoga For Youth	8-15 Yrs	Victoria School Auditorium	3:30-4:30 pm	Thrs	Sep 17 - Dec 3	\$40
Designing Video Games	12-14 Yrs	Nutana Collegiate Library	6:00-7:30 pm	Thrs	Sep 17 - Oct 22	\$175
Surviving in Minecraft	7-11 Yrs	Nutana Collegiate Library	1:00-4:00 pm	Sat	26-Sep	\$50
Minecraft: Colonize the Moon!	7-11 Yrs	Nutana Collegiate Library	1:00-4:00 pm	Sat	24-Oct	\$50
Clay Sculpting	11-14 Yrs	Victoria School Artroom	3:45-5:15 pm	Mon	Sep 14 - Oct 26	\$75
Drawing	5-10 Yrs	Victoria School Artroom	3:45-4:45 pm	Wed	Sep 23 - Nov 18	\$60
Youth Basketball	11-14 Yrs	Nutana Collegiate Gym	6:30-8:00 pm	Mon	Sep 14 - Dec 14	\$60
Kids Basketball	7-10 yrs	Nutana Collegiate Gym	6:30-8:00 pm	Wed	Sep 16 - Dec 16	\$60
CHILD/PRESCHOOL						
Recreational Soccer	5-7 Yrs	Victoria School Gym	7:00-7:45 pm	Thrs	Sep 17 - Dec 3	\$30
Recreational Soccer	3-4 Yrs	Victoria School Gym	6:00-6:45 pm	Thrs	Sep 17 - Dec 3	\$30
Creative Movement	3-5 Yrs	Victoria School Gym	6:00-6:45 pm	Tues	Sep 15 - Nov 17	\$35
Inclined Planes Workshop	4-6 Yrs	Victoria School Library	6:00-7:00 pm	Wed	23-Sep	\$25
Mechanical Spinners Workshop	4-6 Yrs	Victoria School Library	6:00-7:00 pm	Wed	18-Nov	\$25
For additional information on these or any NCA programs, contact our indoor coordinators at programming@nutana.ca						

The Garden Path

Nutana Community Garden

A project of the Nutana Community Association



2015 Mid-season Update

Operating within the Nutana Community Association, the Nutana neighbourhood is home to two of the over thirty community gardens that have sprung up around Saskatoon. Each garden is set up and run differently, but each fulfils the aims of all community gardens: to allow neighbours to experiment in growing fabulous fruits, vegetables and flowers; to provide local residents an opportunity to walk through and experience the tranquility within these green preserves; and to further build community through sharing in conversation.

The older of our two is the Remail Garden, located beside the classic Broadway Roastery on 12th Street. With thanks to the ingenuity and volunteerism of our members, water barrels were set up to solve an initial water shortage. The gardens have caught up, providing a few additional features to the gardeners plots. Be sure to check out the sweet peas and flowers along the fence, and our new feature, a butterfly garden, brimming with plants designed to attract butterflies.

The second year of our garden at the edge of Darcy Bear Park has been nothing less than stunning. The full sun has permitted resplendent growth, which when coupled with the exciting conversations has been extremely rewarding. Many of our gardeners participated in the official naming ceremony of the park on June 4. And we all have benefited from our cooperation with Nutana Collegiate, who have returned to participate in plots of their own this year.

Gardens make for better communities, and we see it again in 2015 in the Nutana Community Gardens. Come and visit, and see for yourself! For more information on community gardens and other urban agriculture initiatives around Saskatoon, consult the CHEP website (www.chep.org). More information about the Nutana Community Gardens is available on the NCA website.